

# Healthy School, Happy School: Stop obesity in children

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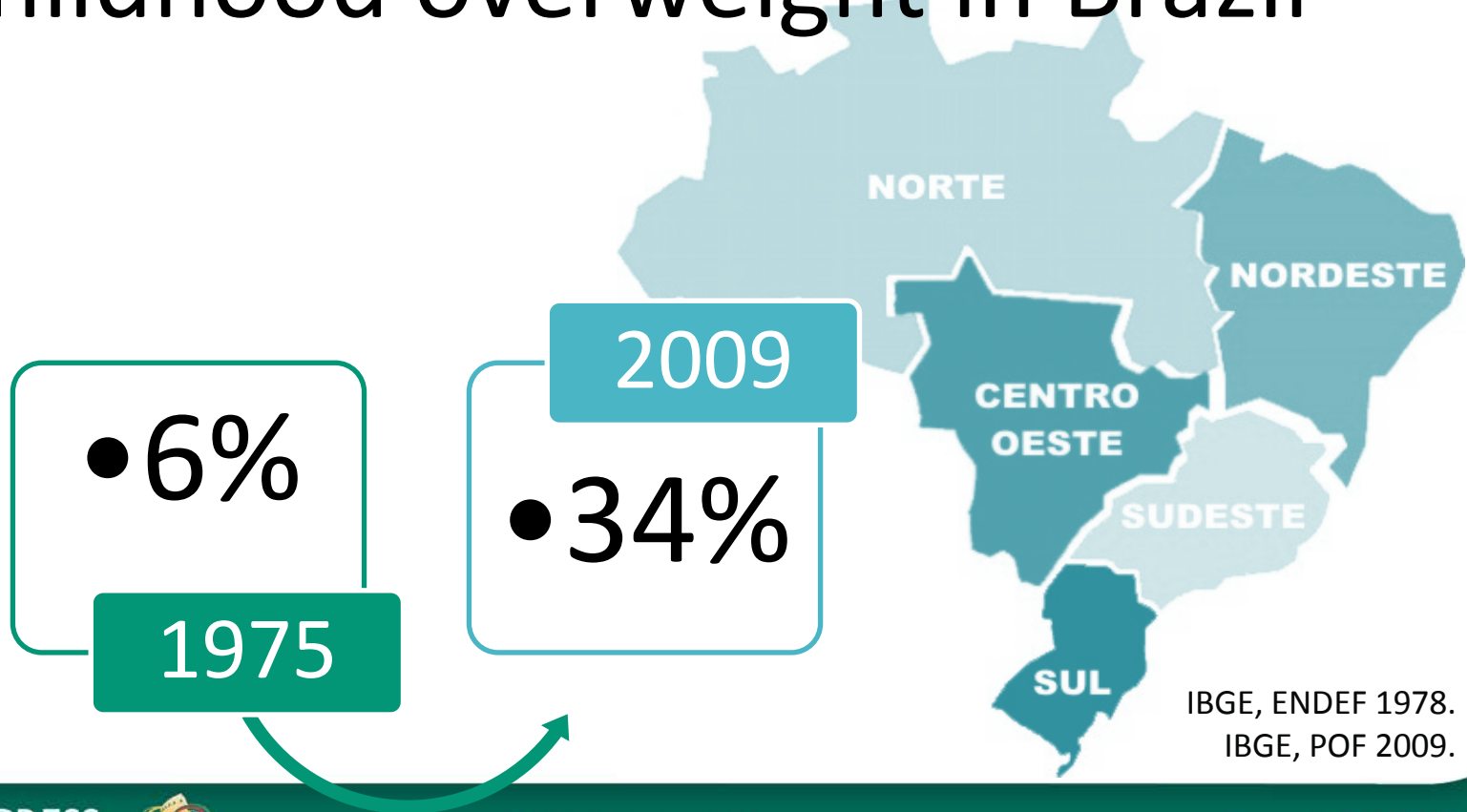


# Declaration of Interest

- I have nothing to declare



# Childhood overweight in Brazil





# School



Educational  
environment



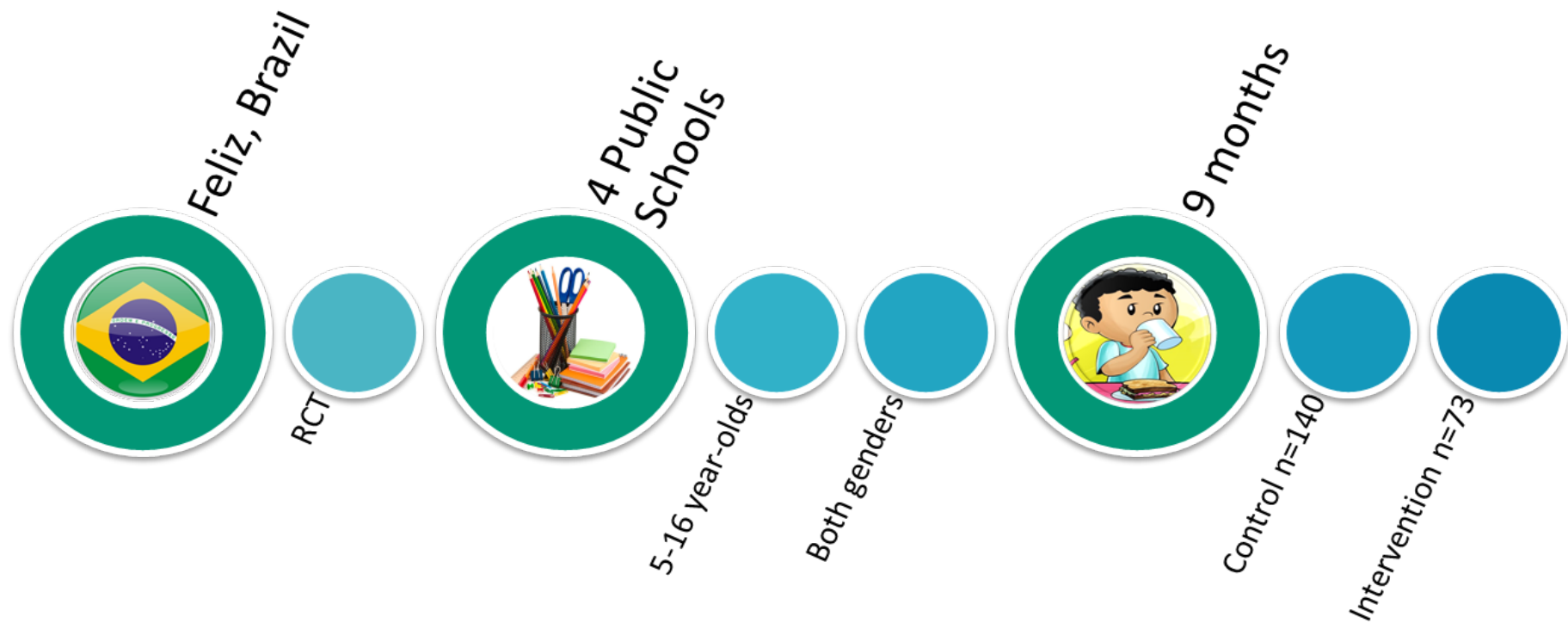
Intellectual  
development



Influences youth  
eating behaviors

Foltz JL. *Annu Rev Nutr*, 2012.

Fisberg M. *Arquivos Brasileiros de Endocrinologia & Metabologia*, 2003.



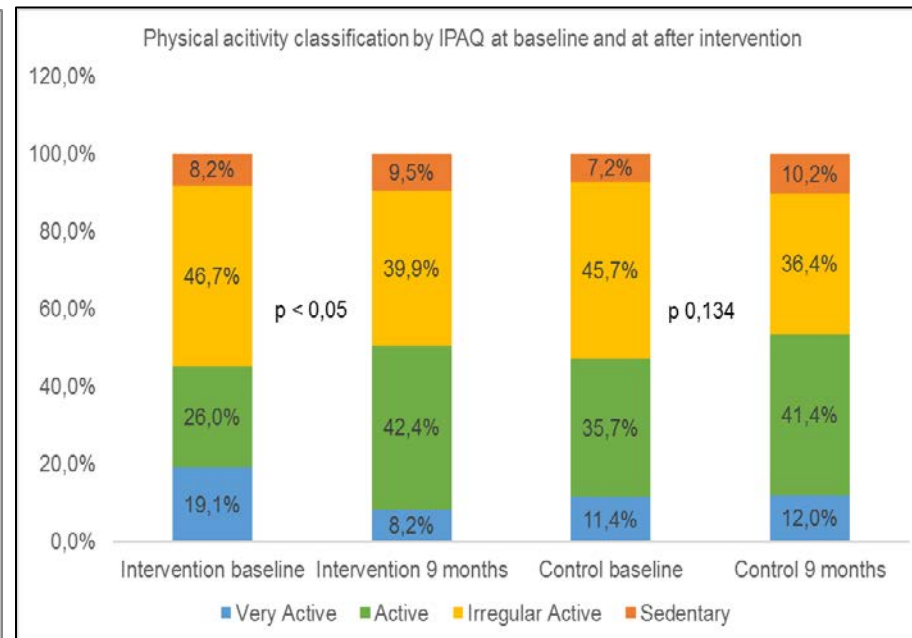
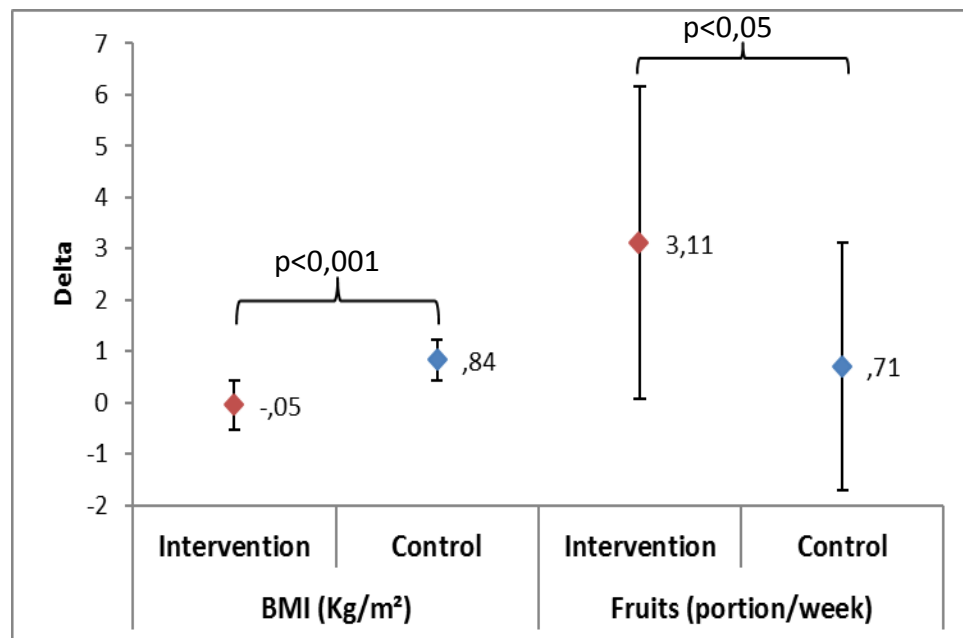
1. Healthy eating class

2. School Environments

3. Homework activities

4. After school activities





Improve the  
school  
environment  
and knowledge  
about nutrition

Fruit  
consumption

Levels of  
physical  
activity

Prevention of  
weight gain

Acquisition and  
maintenance  
of a healthy  
lifestyle

# Healthy School, Happy School: randomized clinical trial designed to stop obesity in children

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